



Vicky Sanchez 360

Face your fears to live your dreams



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## Introduction

In September 2004 I caught a ferry to the island of Tenerife with the sole intention of completing my last two years of university in Marine Biology. While looking for a place to live I entered a small village on the south side of the island called El Médano. As I was heading down an avenue in direction of the sea, a sudden burst of wind with a strong smell of sea awoke my senses; deadened from a long journey. As I continued along, my senses were increasingly bombarded with the smells. I arrived to the end of the avenue where a pier prevented me from seeing the sea until, suddenly, I saw a colourful sail flying above the pier. Completely shocked, I ran up to the end of the pier where

I could make out 5 more sails; jumping and surfing those enormous waves. They were playing in the middle of this hostile scene with complete security and challenging what most would fear, with complete serenity and certainty. They were in control of the situation. It was really something spectacular. 3






I was so overwhelmed by the experience that I immediately told myself, "...I am going to live here and I'm going to learn how to that ...whatever it takes." At this point I should make a clarification: I have been sailing since I was 11 years old in a catamaran and the water, the wind and the waves have always been my passion. They are like my natural habitat. As a result, at 16 years of age I dedicated all my weekends and summer vacations to sailing. In the morning I was a sailing instructor and in the afternoons when the wind gets stronger I enjoyed

sailing on my own. I challenged myself more and more with each outing and it was a real treat to see how I reached my goals and how each day I sailed stronger and better. Following this first amazing encounter with the sea and those 5 colourful sails, I rented a small house in El Médano. I knew that those last two years were going to be a bit more than just studying. My life was a combination of studies and windsurfing. I went to the bay every morning at 6.30 which was about 70 kilometres from my home. At 6.00 in the evening I would get out of class and drive those 70 kilometres again hoping to catch a little wind and to sail the time the sun would allow me. Normally between 30 to 45 minutes. 140 kilometres every day to sail 45 minutes?! They were worth it. No doubt. Unfortunately, the winters of 2004 and 2005 went down as the ones with the least wind in the history of the Canary Islands. The wind almost never accompanied me and the best days always coincided with





exams. However, above all I was able to reach the dream which was my reason for being there. I learned how to windsurf on the waves.



In April of 2006 on a calm Saturday in El Médano (there was never any wind on the weekends!) I was on the internet looking at the weather when suddenly I come across a huge piece of news. "What? How? The twins are putting together a training camp! In El Médano!" I couldn't believe it. I sent them an e-mail and signed up immediately. It was a unique opportunity which I couldn't pass up. Daida and Iballe, my idols that I had read about so much in the magazines, were going to teach me to sail better! A total dream. That's what happened. I had the best week of my life in their camp. I was surrounded by 38 girls full of energy, friendly and lots of good times. I learned a lot that week. I improved my Vulcanos, I pulled off my first Forward with Daida and Iballe screaming behind me. They awarded me with a new wave board for which I am totally grateful.



Above all, I discovered something that would change the focus of my life completely. I wanted to dedicate myself to windsurfing professionally. I realized that there was nothing I wanted more than that. It seemed like a good beginning. That is how the fun turned into passion and the passion into an ambition. I wanted to give myself the opportunity to try. It didn't matter how much it could cost me nor did the difficulties that would come my way scare me. Challenges don't scare me. To the contrary, they stimulate me. I had decided that it was dream and that I would begin working for it. That same night I took some time to reflect. I studied all the possibilities and made my plans. I only had 2 months left of school of which I would certainly take advantage of by completing my program and getting my degree and then .....  
.....I would be free!!

1 June 2006 I finished my degree. Now I was a Biologist and I went to work as an instructor in a sailing school as I had done the 6 previous summers. With the exception that this summer would be intense. 3 months of 10 hour days Monday to Sunday giving the maximum number of classes possible in order to save as much money as possible. The money would allow me to complete my objectives and the training calendar I had set up for myself. I began a new phase of my life at that moment...I was ready!





## Profile

Name: Vicky Sánchez

Date of Birth: Diciembre 20th, 1983

Place of Birth: Valencia, España.

Height: 165 cm.

Weight: 48 kg.

Education: University degree in Marine Biology.

Languages: Español, Francés, Inglés.

Favorite Discipline: Freestyle and waves.

Favorite Trick: Ponch and Pushloop.

Favorite Trick completed: Flaka and Forward

Trick in process: Eslider and Clew-first Puñeta

Preferred sail size: 3.8

Ideal wave size: Logo high

Wind direction: Side Off Right

Favorite spot: Jericoacoara, Brazil

Best male windsurfer: Kauli and Victor Fernandez

Best female windsurfer: Daida and Laure Treboux

Movies: Beetlejuice, R. Rabbit and Austin Powers.

Music: U2, Keane, Sting, Travis, The Doors, B182.

Favorite food: Sushi & Chocolate

Personality: Happy, humble, funny, positive and strong-willed. Dislikes: Falseness.

Principal Objective: Get Sponsored.





# Calendar 2007



- Bonaire, Nederland Antilles
- El Yaque, Margarita Island
- PWA World Cup El Yaque
- Pozo, Canary Islands
- PWA Gran Canaria Grand Slam
- PWA Fuerteventura Grand Slam
- Dahab, Egypt
- PWA Sylt World Cup
- Jericoacoara, Brazil

## January

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29	30	31				

## February

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## March

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## April

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## May

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## June

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## July

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## August

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## Septembre

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## Octobre

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## Novembre

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## Decembre

l	m	x	j	v	s	d
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## Objectives 2007

I am focusing my training on Freestyle sailing. It is by far my favourite windsurfing discipline and where I express my sailing skills the best. It also happens to be where I feel most free.

### Tricks:

- Improve my right side Forward
- Fine tune my switch stance tricks
- Flaka variations: One handed, Diablo, Cañabrava.

### News projects:

Notisurf: Advertise for Sponsors

Trip Report: Ceará, 100% Wind!

Trip Report: Egypt, Freestyle Above the Red Sea

Teaching Articles: Girls Control Too, Series of Freestyle tricks published in successive months

Reports: Material Matters. (Teaching the importance of having material in proportion to the physical characteristics and preferences of each rider)

### Principal Objectives:

- Find a Sponsor
- Continue training hard in order to make a strong debut in the PWA World Freestyle Cup.







## Proposal

Every person dedicated to sport needs help. It isn't enough to train hard. Without the assistance and confidence of a Sponsor, it is difficult to get started, to reach one's objectives and to achieve one's dreams.

With effort, passion and joy together we can go far.  
There are no limits for imagination and creativity  
in a sport where image plays an important role.



## News Appearances

CANARIAS 7: Spain, May 2006 (Artículo y Photo)

EL DÍA: Spain, May 2006 (Mention)

7 ISLAS: Spain, May 2006 (Mention)

3S: Greece, August 06 (Mention)

SURF MAGAZINE: Holanda, Agosto 06 (Mención)

HI WIND: Japan, August 06 (Artículo y Photo)

ENJOY GIRLS MAGAZINE: August 06 (Appearance)

FREEMAG: Septiembre 06 (Appearance)

WINDSURF: UK, Septiembre 06 (Mention y Photo)

DANONE TV SPOT: Spain, June - August (Appearance)

SURF A VELA: Spain, April 07 (4 page report)





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